

The Phoenix Center Breakfast Menu

May 2023



STUDENT NAME _____

Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key \underline{OR} ONE milk choice for February.

1% - White Milk

L - Lactaid

S - Strawberry

C- Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt 1% L S C
Daily Cereal Graham Cracker	Strawberry Yogurt NutriGrain Bar	Daily Cereal Graham Cracker	Whole Grain Bagel Cream Cheese	Daily Cereal Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
Alt	Milk Choice	Alt	Milk Choice	Alt
1% L S C	Alt	1% L S C	Alt	1% L S C
	1% L S C		1% L S C	
15	16	17	18	19
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice Alt	Daily Fruit Milk Choice	Milk Choice Alt	Daily Fruit Milk Choice	Milk Choice Alt
1% L S C	Alt	1% L S C	Alt	1% L S C
1/0 L S C	1% L S C	1/0 L S C	1% L S C	1/0 L S C
22	23	24	25	26
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
Alt	Milk Choice	Alt	Milk Choice	Alt
1% L S C	Alt	1% L S C	Alt	1% L S C
30	1% L S C	21	1% L S C	
29	Strawbarry Voquet	31 Daily Cereal		
NO	Strawberry Yogurt NutriGrain Bar	Graham Cracker		
110	Graham Cracker	Daily Fruit		
COTTOOT	Daily Fruit	Milk Choice		
SCHOOL	Milk Choice	Alt		
	Alt	1% L S C		
	1% L S C	2 2 0		

School Breakfast Information:

- o Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in black or blue ink only.
- Daily ALTERNATE MEAL options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
 - o All Alternate Meals are served with daily fruit and choice of milk.
- o Menu subject to change due to product availability TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM

SEE BACK FOR MENU PRICING