

## The Phoenix Center Lunch Menu

## July 2025

L - Lactaid



STUDENT NAME

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Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key OR ONE milk choice for July. 1% - White Milk S - Strawberry C- Chocolate

Manday	Tuesday	Wadnasday	Thursday	
Monday	Tuesday	Wednesday	Thursday 3	Friday  4
	School Closed	School Closed	School Closed	School Closed
7	8	9	10	11
W.G Chicken Nuggets Whole Wheat Bread Honey Glazed Baby Carrots Fruit Cup 100% Grape Juice PC Ketchup	Meatballs w/ Marinara Sauce Whole Wheat Hot Dog Bun Spinach 100% Fruit Punch Fresh Orange	Cheeseburger Whole Wheat Hamburger Bun Maple Baked Beans Fresh Apple 100% Apple Juice PC Ketchup	Turkey Sausage and Cheese Egg Bite Whole Wheat Bread Baked Home Fries 100% Orange Juice Fresh Banana	Whole Wheat Pizza Cauliflower Apple Sauce Cup 100% Orange Juice
Alt	Alt	Alt	Alt	Alt
14	15	16	17	18
Turkey and American Cheese on a WW Roll Bagged Baby Carrots Fruit Cup 100% Fruit Punch PC Mayo PC Mustard	Homemade Baked Ziti Whole Wheat Bread Broccoli 100% Orange Juice Granny Smith Green Apple	All Beef Hot Dog Whole Wheat Hot Dog Bun Corn/Red Bean Mix Fresh Orange 100% Fruit Punch PC Ketchup PC Mustard	Baked Chicken Tenders Whole Wheat Bread Corn 100% Apple Juice Fresh Banana PC BBQ Sauce	Whole Wheat Pizza Green Bean/Wax Bean Blend Apple Sauce Cup 100% Orange Juice
Alt 1% L S C	Alt	Alt	Alt	Alt
1% L S C	1% L S C	23	1% L S C	1% L S C
Crispy Chicken Breast Whole Wheat Bun Whole Baby Carrots Fruit Cup 100% Grape Juice PC Ketchup Alt	Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Spinach 100% Orange Juice Fresh Orange	All Beef Hamburger Whole Wheat Hamburger Bun Maple Baked Beans Fresh Apple 100% Grape Juice PC Ketchup Alt	Popcom chicken W.G Waffle Baked Home Fries 100% Apple Juice Fresh Banana Maple Syrup PC Alt	Whole Wheat Pizza Green Beans Apple Sauce Cup 100% Orange Juice  Alt 1% L S C
1% L S C	1% L S C	1% L S C	1% L S C	
Popcom chicken Whole Wheat Bread Honey Glazed Baby Carrots 100% Grape Juice Fruit Cup PC Ketchup	Macaroni and Cheese Whole Wheat Mountain Roll Broccoli 100% Fruit Punch Granny Smith Green Apple	Beef and Cheese Burrito Corn/Black Bean Mix Fresh Orange 100% Orange Juice Salsa PC	Baked Chicken Patty Whole Wheat Bun Corn Fresh Banana PC Ketchup	
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## **School Lunch Information:**

1%

- Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in black or blue ink only.

1% L S C

Daily ALTERNATE MEAL options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat

1% L S C

1% L S C

Menu subject to change due to product availability TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM SEE BACK FOR MENU PRICING