

## The Phoenix Center Lunch Menu



## November 2025

STUDENT NAME ROOM #

L - Lactaid

Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key <u>OR</u> ONE milk choice for November.

S - Strawberry

C- Chocolate

Tuesday	Wednesday	Thursday	Friday
4	5	6	7
Homemade Ziti w/ Meat Sauce WW Mountain Roll Broccoli Fresh Orange	All Beef Hot Dog Whole Wheat Hot Dog Bun Corn/Black Bean Mix 100% Fruit Punch PC Ketchup PC Mustard	School Closed	School Closed
Alt	Alt		
11	12	13	14
WG Spaghetti w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach Fresh Orange Alt	All Beef Hamburger Whole Wheat Bun Maple Baked Beans 100% Apple Juice PC Ketchup Alt	W.G Pancakes Turkey Sausage Links Baked Home Fries Fresh Banana Maple Syrup PC Alt	WW French Bread Pizza Green Bean/Wax Bean Blend 100% Orange Juice
1% L S C	1% L S C	1% L S C	Alt
18	19	20	21
WG Macaroni w/ Beef WW Mountain Roll Broccoli Granny Smith Green Apple	Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Fruit Punch	School Event	WW French Bread Pizza Cauliflower 100% Orange Juice Alt 1% L S C
Alt	Alt		170 L 5 C
=*	= -	27	28
Marinara Sauce Broccoli Fresh Orange	Lean Beef Taco Meat Shredded Cheddar Bag Baked Tostitos Scoops Maple Baked Beans 100% Apple Juice Alt	School Closed	School Closed
	Homemade Ziti w/ Meat Sauce WW Mountain Roll Broccoli Fresh Orange  Alt 1% L S C  11  WG Spaghetti w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach Fresh Orange  Alt 1% L S C  18  WG Macaroni w/ Beef WW Mountain Roll Broccoli Granny Smith Green Apple  Alt 1% L S C  25  Stuffed Cheese Sticks Marinara Sauce Broccoli Fresh Orange	Homemade Ziti w/ Meat Sauce WW Mountain Roll Broccoli Fresh Orange  Alt 1% L S C  11  WG Spaghetti w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach Fresh Orange  Alt 1% L S C  12  WG Spaghetti w/ Marinara Whole Wheat Bread Spinach Fresh Orange  Alt 1% L S C  18  WG Macaroni w/ Beef WW Mountain Roll Broccoli Granny Smith Green Apple  Alt 1% L S C  19  Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Apple Juice PC Ketchup Alt 1% L S C  19  Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Fruit Punch  Alt 1% L S C  25  Stuffed Cheese Sticks Marinara Sauce Broccoli Fresh Orange  Alt 1% L S C  26  Lean Beef Nachos w/ Cheese Lean Beef Taco Meat Shredded Cheddar Bag Baked Tostitos Scoops Maple Baked Beans 100% Apple Juice Alt	Homemade Ziti w/ Meat Sauce WW Mountain Roll Broccoli Fresh Orange  Alt 1% L S C  11  WG Spaghetti w/ Marinara Beef Meatballs w/ Marinara Beef Meatballs w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach Fresh Orange  Alt 1% L S C  18  WG Macaroni w/ Beef WW Mountain Roll Broccoli Granny Smith Green Apple  Alt 1% L S C  20  Sueet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Apple Juice PC Ketchup PC Mustard  Alt 1% L S C  13  W.G Pancakes Turkey Sausage Links Baked Home Fries Fresh Banana Maple Syrup PC  Alt 1% L S C  20  Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Fruit Punch  Alt 1% L S C  25  Sueet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Red Bean Mix 100% Fruit Punch  Event  School  Event  Closed  Closed  Closed  Closed

## **School Lunch Information:**

- o Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in <u>black or blue ink only</u>.

1% - White Milk

- Daily ALTERNATE MEAL options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- O Menu subject to change due to product availability TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM SEE BACK FOR MENU PRICING