



The Phoenix Center Breakfast Menu



October 2025

STUDENT NAME _____ ROOM # _____

Milk Choice: In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for October.

1% - White Milk

L - Lactaid

S - Strawberry

C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	School Closed	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
6	7	8	9	10
Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
13	14	15	16	17
School Closed	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
20	21	22	23	24
Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
27	28	29	30	31
Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C

School Breakfast Information:

- Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in **black or blue ink only**.
- Daily **ALTERNATE MEAL** options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
 - All Alternate Meals are served with daily fruit and choice of milk.
- **Menu subject to change due to product availability**
TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM
SEE BACK FOR MENU PRICING