



The Phoenix Center Lunch Menu



October 2025

STUDENT NAME _____ ROOM # _____

Milk Choice: In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for October.

1% - White Milk

L - Lactaid

S - Strawberry

C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Mozzarella Sticks Marinara Sauce Corn/Black Bean Mix Fresh Apple 100% Fruit Punch Alt _____ 1% L S C	School Closed	WW French Bread Pizza Green Beans Apple Sauce Cup 100% Orange Juice Alt _____ 1% L S C
6	7	8	9	10
W.G Chicken Nuggets WW Mountain Roll Honey Glazed Baby Carrots Fruit Cup 100% Grape Juice PC Ketchup Alt _____ 1% L S C	Homemade Baked Ziti Whole Wheat Mountain Roll Broccoli 100% Grape Juice Fresh Orange Alt _____ 1% L S C	All Beef Hot Dog Whole Wheat Hot Dog Bun Maple Baked Beans Fresh Apple 100% Apple Juice PC Ketchup PC Mustard Alt _____ 1% L S C	Egg Turkey Sausage Patty Whole Wheat Bread Baked Home Fries 100% Orange Juice Fresh Banana Alt _____ 1% L S C	WW French Bread Pizza Green Bean/Wax Bean Blend Apple Sauce Cup 100% Orange Juice Alt _____ 1% L S C
13	14	15	16	17
School Closed	WG Spaghetti w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach Fresh Apple 100% Grape Juice Alt _____ 1% L S C	Cheese Quesadilla Corn/Red Bean Mix Graham Crackers Fresh Orange 100% Fruit Punch Salsa PC Alt _____ 1% L S C	Baked Chicken Patty Whole Wheat Bun Baked French Fries 100% Apple Juice Fresh Banana PC Ketchup Alt _____ 1% L S C	WW French Bread Pizza Cauliflower Apple Sauce Cup 100% Orange Juice Alt _____ 1% L S C
20	21	22	23	24
Popcorn chicken W.G Waffle Whole Baby Carrots Fruit Cup 100% Grape Juice Maple Syrup PC Alt _____ 1% L S C	Stuffed Cheese Sticks Marinara Sauce Broccoli 100% Orange Juice Granny Smith Green Apple Alt _____ 1% L S C	Lean Beef Nachos w/ Cheese Lean Beef Taco Meat Shredded Cheddar Bag Baked Tostitos Scoops Maple Baked Beans Fresh Pear 100% Apple Juice Alt _____ 1% L S C	W.G Pancakes Turkey Sausage Links Baked Home Fries 100% Apple Juice Fresh Banana PC Maple Syrup Alt _____ 1% L S C	WW French Bread Pizza Green Bean/Wax Bean Blend Apple Sauce Cup 100% Orange Juice Alt _____ 1% L S C
27	28	29	30	31
Baked Chicken Tenders WW Mountain Roll Sliced Carrots Fruit Cup 100% Fruit Punch PC BBQ Sauce Alt _____ 1% L S C	Cheese Manicotti Whole Wheat Mountain Roll Broccoli 100% Orange Juice Fresh Orange Alt _____ 1% L S C	Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Corn/Black Bean Mix Fresh Peach 100% Apple Juice Alt _____ 1% L S C	Crispy Chicken Breast Whole Wheat Bun Baked French Fries 100% Fruit Punch Fresh Banana PC Ketchup Alt _____ 1% L S C	Turkey and American Cheese on a Whole Wheat Roll Coleslaw Apple Sauce Cup 100% Orange Juice PC Mayo PC Mustard Alt _____ 1% L S C

School Lunch Information:

- Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in **black or blue ink only**.
- Daily **ALTERNATE MEAL** options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- Menu subject to change due to product availability

TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM
SEE BACK FOR MENU PRICING