



The Phoenix Center Breakfast Menu



January 2026

STUDENT NAME _____ ROOM # _____

Milk Choice: In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for January.

1% - White Milk

L - Lactaid

S - Strawberry

C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			School Closed	School Closed
5	6	7	8	9
Daily Cereal Graham Cracker Daily Fruit Milk Choice	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice
Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C
12	13	14	15	16
Daily Cereal Graham Cracker Daily Fruit Milk Choice	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice
Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C
19	20	21	22	23
School Closed	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice
	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C
26	27	28	29	30
Daily Cereal Graham Cracker Daily Fruit Milk Choice	Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice	Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice	Daily Cereal Graham Cracker Daily Fruit Milk Choice
Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C	Alt _____ 1% L S C

School Breakfast Information:

- Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in **black or blue ink only**.
- Daily **ALTERNATE MEAL** options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
 - All Alternate Meals are served with daily fruit and choice of milk.
- Menu subject to change due to product availability**

TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM

SEE BACK FOR MENU PRICING