

Monday

The Phoenix Center Breakfast Menu



Friday

January 2026

STUDENT NAME	ROOM #
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Wednesday

Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key **OR** ONE milk choice for January.

1% - White Milk

Tuesday

L - Lactaid

S - Strawberry

Thursday

C- Chocolate

Wionday	Tucsuay	Wednesday	Indisday	Titay
			1	2
			School	School
			Closed	Closed
5	6	7	8	9
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
WITH CHOICE	Milk Choice	WITH CHOICE	Milk Choice	WITH CHOICE
Alt	Alt	Alt	Alt	Alt
1% L S C	1% L S C	1% L S C	1% L S C	1% L S C
12	13	14	15	16
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
	Milk Choice	Alt	Milk Choice	
Alt	Alt	1% L S C	Alt	Alt
1% L S C	1% L S C		1% L S C	1% L S C
.9	20	21	22	23
School	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
School	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Closed	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Closed	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
	Milk Choice	. 1.	Milk Choice	. 1.
	Alt	Alt	Alt	Alt 1% L S C
26	1% L S C	1% L S C	1% L S C	1% L S C
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
Willia Choice	Milk Choice	Willia Cholec	Milk Choice	WIIIK CHOICE
Alt	Alt	Alt	Alt	Alt
1% L S C	1% L S C	1% L S C	1% L S C	1% L S C

School Breakfast Information:

- O Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- Daily ALTERNATE MEAL options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
 - o All Alternate Meals are served with daily fruit and choice of milk.
- o Menu subject to change due to product availability

TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM

SEE BACK FOR MENU PRICING