



The Phoenix Center Lunch Menu



January 2026

STUDENT NAME _____ ROOM # _____

Milk Choice: In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for January.

1% - White Milk

L - Lactaid

S - Strawberry

C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			School Closed	School Closed
5	6	7	8	9
Baked Chicken Patty on a Whole Wheat Bun Mashed Potatoes Apple Sauce Cup 100% Grape Juice PC Ketchup Alt _____ 1% L S C	W.G Chicken Nuggets WW Mountain Roll Sliced Carrots 100% Fruit Punch Fresh Orange PC Ketchup Alt _____ 1% L S C	Spaghetti w/ Marinara Sauce Meatballs w/ Marinara Sauce Wrapped WW Mountain Roll Spinach Fresh Apple 100% Fruit Punch Alt _____ 1% L S C	Chicken Potstickers Corn/Black Bean Mix 100% Fruit Punch Fresh Banana Alt _____ 1% L S C	WW French Bread Pizza Fruit Cup 100% Orange Juice Green Bean/Wax Bean Blend Alt _____ 1% L S C
12	13	14	15	16
French Toast Slice WW Mountain Roll Turkey Sausage Links Baked Home Fries Apple Sauce Cup 100% Fruit Punch Maple Syrup PC Alt _____ 1% L S C	Mozzarella Sticks Marinara Sauce Whole Baby Carrots 100% Grape Juice Fresh Orange Alt _____ 1% L S C	Homemade Ziti w/ Meat Sauce Wrapped WW Bread Broccoli Granny Smith Green Apple 100% Apple Juice Alt _____ 1% L S C	Cheeseburger on W/W Bun Maple Baked Beans 100% Apple Juice Fresh Banana PC Ketchup Alt _____ 1% L S C	Whole Wheat Pizza Cauliflower Fruit Cup 100% Orange Juice Alt _____ 1% L S C
19	20	21	22	23
School Closed	Meatballs w/ Marinara WW Hot Dog Bun Honey Glazed Baby Carrots 100% Fruit Punch Alt _____ 1% L S C	Macaroni and Cheese Wrapped WW Mountain Roll Broccoli Granny Smith Green Apple 100% Fruit Punch Alt _____ 1% L S C	Turkey Ham and Cheese on WW Bread Cold Bean Salad 100% Apple Juice Fresh Banana PC Mayo PC Mustard Alt _____ 1% L S C	Whole Wheat Pizza Green Bean/Wax Bean Blend Fruit Cup 100% Orange Juice Alt _____ 1% L S C
26	27	28	29	30
Popcorn chicken W.G Waffle Baked Home Fries Apple Sauce Cup 100% Fruit Punch PC Maple Syrup Alt _____ 1% L S C	Crispy Chicken Breast on Whole Wheat Bun Sliced Carrots 100% Grape Juice Fresh Orange PC Ketchup Alt _____ 1% L S C	Sweet and Sour Meatballs Wrapped WW Hot Dog Bun Spinach Fresh Orange 100% Grape Juice Alt _____ 1% L S C	Cheese Quesidilla Maple Baked Beans 100% Apple Juice Fresh Banana Salsa PC Alt _____ 1% L S C	Whole Wheat Pizza Cauliflower Fruit Cup 100% Grape Juice Alt _____ 1% L S C

School Lunch Information:

- Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in **black or blue ink only**.
- Daily **ALTERNATE MEAL** options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- Menu subject to change due to product availability

TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM
SEE BACK FOR MENU PRICING