



# The Phoenix Center Lunch Menu



## September 2026

STUDENT NAME \_\_\_\_\_ ROOM # \_\_\_\_\_

**Milk Choice:** In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for September.

1% - White Milk

L - Lactaid

S - Strawberry

C - Chocolate

| Monday                                                                                                                               | Tuesday                                                                                                                                                 | Wednesday                                                                                                                                    | Thursday                                                                                                                                                | Friday                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                      | 1                                                                                                                                                       | 2                                                                                                                                            | 3                                                                                                                                                       | 4                                                                                                                      |
|                                                                                                                                      | <b>School Closed</b>                                                                                                                                    | Homemade Baked Ziti<br>Whole Wheat Bread<br>Broccoli<br>Granny Smith Green Apple<br>100% Fruit Punch<br>Alt _____<br>1% L S C                | Beef and Cheese Burrito<br>Corn/Black Bean Mix<br>100% Apple Juice<br>Fresh Banana<br>Alt _____<br>1% L S C                                             | <b>School Closed</b>                                                                                                   |
| 7                                                                                                                                    | 8                                                                                                                                                       | 9                                                                                                                                            | 10                                                                                                                                                      | 11                                                                                                                     |
| <b>School Closed</b>                                                                                                                 | W.G Chicken Nuggets<br>Whole Wheat Bread<br>Honey Glazed Carrots<br>100% Grape Juice<br>Fresh Orange<br>Ketchup<br>Alt _____<br>1% L S C                | Cheese Ravioli w/ Marinara<br>Wrapped WW Mountain Roll<br>Spinach<br>Fresh Macintosh Apple<br>100% Apple Juice<br>Alt _____<br>1% L S C      | Beef Hot Dog on WW Bun<br>Maple Baked Beans<br>100% Fruit Punch<br>Fresh Banana<br>Ketchup<br>Mustard<br>Alt _____<br>1% L S C                          | WW French Bread Pizza<br>Green Bean/Wax Bean<br>Blend<br>Apple Sauce Cup<br>100% Orange Juice<br>Alt _____<br>1% L S C |
| 14                                                                                                                                   | 15                                                                                                                                                      | 16                                                                                                                                           | 17                                                                                                                                                      | 18                                                                                                                     |
| Mozzarella Sticks<br>Marinara Sauce<br>Baked Potato Tots<br>Fruit Cup<br>100% Fruit Punch<br>Alt _____<br>1% L S C                   | Baked Chicken Tenders<br>Whole Wheat Bread<br>Sliced Carrots<br>100% Orange Juice<br>Granny Smith Green Apple<br>Honey Mustard<br>Alt _____<br>1% L S C | Homemade Baked Ziti<br>Wrapped WW Mountain Roll<br>Broccoli<br>Fresh Orange<br>100% Fruit Punch<br>Alt _____<br>1% L S C                     | Beef Nachos w/ Cheese<br>Bag Baked Tostitos Scoops<br>Corn/Red Bean Mix<br>Graham Crackers<br>100% Apple Juice<br>Fresh Banana<br>Alt _____<br>1% L S C | WW French Bread Pizza<br>Cauliflower<br>Apple Sauce Cup<br>100% Orange Juice<br>Alt _____<br>1% L S C                  |
| 21                                                                                                                                   | 22                                                                                                                                                      | 23                                                                                                                                           | 24                                                                                                                                                      | 25                                                                                                                     |
| <b>School Closed</b>                                                                                                                 | Baked Chicken Sticks<br>Whole Wheat Bread<br>Whole Baby Carrots<br>100% Grape Juice<br>Fresh Orange<br>BBQ Sauce<br>Alt _____<br>1% L S C               | Teriyaki Meatballs<br>Wrapped WW Mountain Roll<br>Broccoli<br>Granny Smith Green Apple<br>100% Apple Juice<br>Alt _____<br>1% L S C          | WG Cheese Quesadilla<br>Maple Baked Beans<br>100% Fruit Punch<br>Fresh Banana<br>Salsa<br>Alt _____<br>1% L S C                                         | WW French Bread Pizza<br>Green Bean/Wax Bean<br>Blend<br>Apple Sauce Cup<br>100% Orange Juice<br>Alt _____<br>1% L S C |
| 28                                                                                                                                   | 29                                                                                                                                                      | 30                                                                                                                                           |                                                                                                                                                         |                                                                                                                        |
| W.G Pancakes<br>Turkey Sausage Links<br>Baked Home Fries<br>Fruit Cup<br>100% Fruit Punch<br>PC Maple Syrup<br>Alt _____<br>1% L S C | Popcorn chicken 3.5oz<br>W.G Waffle<br>Corn/Black Bean Mix<br>100% Orange Juice<br>Fresh Apple<br>Maple Syrup<br>Alt _____<br>1% L S C                  | WG Spaghetti w/ Marinara<br>Meatballs w/ Marinara<br>Whole Wheat Bread<br>Spinach<br>Fresh Pear<br>100% Grape Juice<br>Alt _____<br>1% L S C |                                                                                                                                                         |                                                                                                                        |

### School Lunch Information:

- o Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
  - o If paying with a check, please write in **black or blue ink only**.
  - o Daily **ALTERNATE MEAL** options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
  - o **Menu subject to change due to product availability**
- TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM**  
**SEE BACK FOR MENU PRICING**